



# SEVERN RIVER LIONS CLUB NEWS

APRIL 2024

## HELLO, LIONS,

I hope this newsletter finds you well and that whatever holiday you celebrated this season it was a great one for you!

As I have said before, coming into the home stretch of my time as your king lion. As usual, this term was enlightening. I hope that you all enjoyed this last year balanced with home, family, work, and volunteerism. I say volunteerism instead of just Lionism for a good reason. So many of us volunteer with more than just the Severn River Lions Club. I commend you all for what you do, which can take away from quality and quantity time with our families.



By the time this year ends, we will have had two social Club events bingo at Bingo World and attending the concert at Anne Arundel Community College to support Lion Tilghman. We have supported the youth in our community for multiple events including an Eagle Scout project, supporting the Cub Scout pack, and supporting The Severna Park High School marching band.

We've had multiple fundraisers including citrus fruit sales and Brian Boru. The funds raised will support our community through college scholarships, hearing aids, and eyeglasses for those who have the most need. We can all be proud of what we have accomplished as a club we serve!

Thank you for the opportunity to serve with you this last year as your king lion.

Thank you for all that you do!

Yours,

Joinette

## NOTICE TO MEMBERS

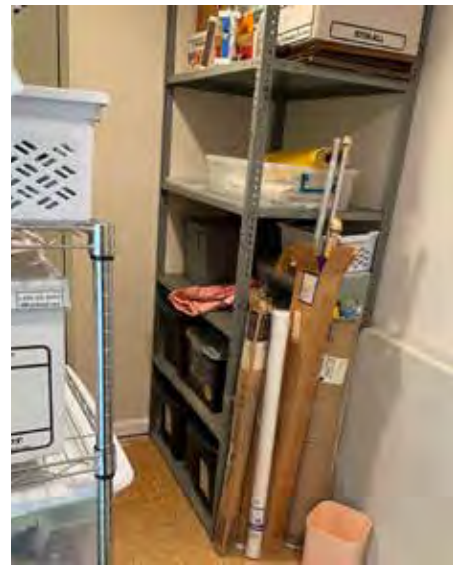
As required by the constitution and bylaws of the Severn River Lions Club, notice is hereby given that the Nominating Committee will present a slate of officers for 2024-2025 at the General Membership Meeting on March 26, 2024. Nominations from the floor will also be taken at this meeting. Voting for officers for 2024-2025 will take place at the regular meeting on April 23, 2024.

# LION UPCOMING EVENTS

## HIGHLIGHTS OF UPCOMING LION EVENTS/FUNDRAISERS/MEETINGS & VOLUNTEER OPPORTUNITIES THROUGH AUGUST OF 2024:

- **9 April** – *Volunteer Opportunity* Spring Cleanup, Pascal Senior Center, 125 Dorsey Rd, Glen Burnie, MD 21061
- **13 April (8-11 am)** – *Volunteer Opportunity* Eyeglass Sorting, Maryland School for the Blind, 3501 Taylor Ave, Baltimore, MD 21236
- **17 April (7-8pm)** – *Volunteer Opportunity* Cub Scout Pack 688 Cake bake-off, Shipleys Choice Elementary School, 310 Governor Stone Pkwy, Millersville, MD 21108
- **19-21 April** – MD-22 Convention, Ashore Beach Resort, Ocean City, MD
- **20 April (1:30-4pm)** – *Volunteer Opportunity* Cub Scout Packs 688 & 855 Annual Bike Rodeo, Benfield Elementary School, 365 Lynwood Drive, Severna Park, MD 21146
- **21 April (1:30-4pm)** \*RAINDATE ONLY\* – *Volunteer Opportunity* Cub Scout Packs 688 & 855 Annual Bike Rodeo, Benfield Elementary School, 365 Lynwood Drive, Severna Park, MD 21146
- **23 April (6:30pm Social/6:59pm start)** – General Club Meeting, Club Elections, Guest Speaker from ACCO, American Legion Post 175
- **7 May (7pm)**– BOARD MEETING, VIA ZOOM – DUE TO THE 14TH BEING ELECTION DAY
- **21 May (3-10pm)**- *Volunteer Opportunity* – “Dine to Donate” Fundraiser, Texas Roadhouse, 4465 Mountain Road, Pasadena, MD 21122
- **27 May** – *Volunteer Opportunity* National Memorial Day Parade, Washington DC
- **28 May (6:30pm Social/6:59pm Mtg)** – General Club Meeting, American Legion Post 175
- **1 June (2-6 pm)** – Leader Dog “Bark, Brew & Wine” Fundraiser, Klausmeier Farm, 4014 Perry Hall Rd, Perry Hall, MD 21128
- **1 June (2-6pm)**- *Volunteer Opportunity* Cub Scout Troop 688 Bridging Ceremony, Blue Jay Pavilion, Lake Waterford Park, 830 Pasadena Road, Pasadena, MD 21122
- **1 June (10 am-2pm)** – *Volunteer Opportunity* Cape St. Claire Strawberry Festival, 1223 River Bay Road, Annapolis, MD 21409
- **5 June (11am-9pm)** – *Volunteer Opportunity* Brian Boru fundraiser, 489 Ritchie Hwy, Severna Park, MD 21146
- **8 June (9am-1pm)** – New Officer Training – MANDATORY FOR ALL PRESIDENTS, TREASURER AND SECRETARY, Maryland School for the Blind, 3501 Taylor Ave, Baltimore, MD 21236
- **TBD, Volunteer Opportunity Father’s Day event**, Pascal Senior Center, 125 Dorsey Rd, Glen Burnie, MD 21061
- **11 June (7pm)** – Board Meeting, via Zoom
- **15 June (9am-12pm)** – Club Retreat, Sunrise Senior Living, 43 W McKinsey Rd, Severna Park, MD 21146
- **21-25 June** – LCI Convention, Melbourne, Australia
- **25 June (6:30pm Social/6:59pm Mtg)** – General Club Meeting, Officer Turnover, American Legion Post 175, Manhattan Beach Road, Severna Park, MD 21146
- **4 July** - *Volunteer Opportunity* Severna Park Annual 4th of July parade
- **6 Aug** - *Volunteer Opportunity* National Night Out, Kinder Farms Park

# SRLC MEDICAL LOAN CLOSET PROJECT



*Severn River Lions Members and family come together to renovate the medical loan closet by adding shelves and organizing to better serve the community needs.*

# Healthy Ways To Manage Stress



Feeling stressed? Try these healthy ways to manage stress.

- **Count to 20 in your head.** This can give your brain a needed break.
- **Soothe yourself.** Get a massage, take a hot bath, have a cup of herbal tea, or put on some calming music.
- **Give yourself a pep talk.** Say something encouraging, like: “There’s no rush. I can take my time.”
- **Try some ways to relax.** See the “Ways To Relax” box for some ideas.
- **Stretch.** Do yoga or other stretching exercises.
- **Take a breather.** If you can, take a break from whatever is making you feel stressed.
- **Talk about your feelings.** Tell a friend or counselor how you feel.
- **Cut back on caffeine.** Caffeine can make you feel jumpy and anxious.
- **Get moving!** Do something active—even if it’s just a walk around the block.
- **Do something fun.** Dance, hike, be social. Do whatever you enjoy—as long as it’s healthy.
- **Look at the situation in a different way.** Things may not be as bad as they seem to be.



## CELEBRATING APRIL LION BIRTHDAYS

06 Lion Suzette Kettenhofen

08 Lion Dick Motley

23 Lion Bruce Schriener

29 Lion Chuck Home

30 Lion Joinette Smallwood

# BARKS, BREW & WINE



**SPEAKER**  
**Jeff Hawkins &**  
**LD Dove**

**\$40** per person

**JUNE 1, 2024**

**2-6PM**

**KLAUSMEIER FARM**  
**4014 PERRY HALL RD.**  
**PERRY HALL MD 21128**

**RESERVATIONS ARE PREPAID:**

**Make checks payable to**  
**Lions District 22-A/**  
**Leader Dog**

**All checks mailed to:**  
**PDG Angela Bruce**  
**6722 Mink Hollow Rd**  
**Highland, MD 20777**  
**443 375 2852**

**highland47@outlook.com**

**PDG Owen Landis**  
**2317 Kings Arms Dr**  
**Fallston, MD 21047**  
**410 218 4186**

**landisosr@comcast.net**

## MENU

**Pit Beef**

**Chicken Parmesan**

**Fried Chicken**

**Salad and Vegetables**

**Cake and Ice Cream**

**Soft Drinks**

**BEER & WINE**  
**INCLUDED**  
**WITH TICKET**

**BASKET BINGO**  
**RAFFLES**  
**BASKET OF CHEER**  
**AND MORE**



**SPONSORED BY**  
**DISTRICT 22-A**  
**HOSTED BY PERRY**  
**HALL KINGSVILLE**  
**LIONS CLUB**





# Earth Day

Monday, April 22, 2024

8:30am to 11:30am

## Farmer's Market

275 Harry Truman Pkwy Annapolis



### Collecting

Computer Equipment

Pet Supplies

Used Eye Glasses &

Hearing Aids

Used Books

Lithium Batteries

**Bring Your  
Confidential  
Paperwork  
to be Shredded**

Severn River Lions  
Recycle for Sight & Hearing



**Hearing Aid Recycling**  
DONATE USED HEARING AIDS HERE

# SEVERN RIVER LIONS CLUB NOTICES

## SRLC MEMBERS,

### SAVE THE DATE! YOU ARE INVITED TO ATTEND THE CLUB RETREAT.

- What:** Annual SRLC retreat [review and plan out service projects, fundraisers, and budget for the upcoming Lion year]
- Who:** All SRLC members
- When:** Saturday, June 15th
- Time:** 9 am to Noon
- Where:** The Activity Room at Sunrise Senior Living located at Living 43 W McKinsey Rd, Severna Park, MD 21146.
- Refreshments:** Coffee, Juice, and Water will be provided by Sunrise. Donuts and a light breakfast will be provided by the Incoming President.

Members can socialize afterward and perhaps go across the street to Adam's Ribs or Gary's Grill for lunch together.

YIL,  
Lion Suzette

## SRLC MEMBERS,

Please mark Monday 27 May on your calendar as that is the date for this year's National Memorial Day Parade in Washington, DC.

This is the 16th year that MD-22 & MD-24 have participated in the parade.

Thank you to PIP Clem for forwarding the information.

YIL,  
Lion Suzette





## National Memorial Day Parade



Lions of DC, DE, MD, VA, ETAL,

**Yes! The Lions of Maryland, Delaware, Virginia and the District of Columbia are again going to participate in the National Memorial Day Parade on Monday, May 27, 2024. This is the 16<sup>th</sup> consecutive year in which we as Lions have participated.**

**The Float will continue to stress our more than 100 years of service and feature our areas of service and so we want our participation to be at a maximum this year. The float will feature our anniversary logo and the current President's theme. We plan to have with us on the float, Lion Veterans (identified by their Red, White and blue sashes) special Lion VIPs and other Celebrities that may enhance the image of our float. (IPP Brian Sheehan & Lion Lori Sheehan have expressed plans to attend again this year, we hope their schedule will allow)**

**We are normally seen by over 300,000 people lining the parade route which extends from 7<sup>th</sup> Street to 18<sup>th</sup> Street along Washington's famous Constitution Avenue. We are seen by millions on several cable networks and streaming on websites. Those of you who have participated in previous years will remember that there were many onlookers who waved and cheered for us as we passed by, and many received miniature flags from marching Lions who left the ranks to present them. We will be encouraged to pass out miniature Flags to onlookers this year. To say this is the greatest Lions PR event of the year on the east coast is an understatement. Who wouldn't want to participate?**

**Unfortunately, this year we will be missing one of our stalwarts, Lion Bill Strauss. Lion Bill was there from the start and has participated in every parade since. He was our Registrar for many years, including last year, 2023. Lion Bill passed last year at the age of 99, and we are planning to honor his memory on the Float.**

**It is a solemn honor to participate in honoring all those who have given their life for their country, along with all who are still serving (retired or Active). You will also be amazed as the thousands gathered along the Parade Route yell out their thanks to Lions for their service, or for having helped them or relatives. Definitely a solemn and prideful moment for the Lions.**

**To cap it off, all parade participants are invited to a fantastic BBQ at the Virginia home of PDG "Woody" Woodard immediately after the parade. It's located in northern Virginia and is easily and quickly reached from the parade route.**

**Please accept this as our invitation for you to join us as a marcher if you are able, or on the float if you are unable to walk the route. Limited space available on Float, so please sign up early. We hope you are able to attend. Further details about sign-up and logistics will be furnished as they are received.**

Sincerely,

*Woody*

PDG Woody Woodard National Memorial Day Parade Committee Co-Chair