

October
2007

Severn River Lions Club

1956 – 2007
President – King Lion Chuck Horne

Lions Making a Difference



**WE SERVE
AND
SHARE THE FUN**

**EDITOR
LION SUE PARKS**

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Fellow Lions,

Late September and early October is a busy time for the club. We had a good turn out of members for the first weekend at Gary's Garden the weekend of September 29. Hope to have a good turn out for the second weekend as well.

As if our Gary's Fundraiser weren't enough on 10/6 and 10/7, also coming up on 10/6 is the SPSHS battle of the bands for which we supply the trophies. PP Randy, PP Ollie, and I will be there to hand them out. At the same time we'll have DG Dick attending the 22W Social out in western Maryland, and Lions Sue and Dale attending the Essex Middle River Chase Lions Charter Night Gala.

And lest we forget, Kinder Park Fall Fest is the following Saturday, 10/13, and we'll definitely need all hands for that one.

I still need volunteers for LASH representatives. I would also encourage our affiliate members and members-at-large

to attend our regular meetings (1st and 3rd Tuesdays) as often as they are able. Adams Ribs is catering and Lion Nancy has arranged for interesting programs. Please let Lion Ollie know when you plan to join us.

Speaking of great programs, since November is Diabetes Awareness month, Lion Nancy has arranged for Paula Yutzy, RN & Director of Diabetes Education at the Diabetes Center at Mercy to be our speaker at the October 16th General Membership Meeting. Additionally, other clubs from Region 1 have been invited to join us as we learn about a disease that impacts us all – whether personally or through friends or family members.

Can you think of something you'd like to do with the Club that isn't on our schedule - we're always open to your thoughts & suggestions - just let me know.

Take care & see you soon.

Yours in Lionism,
KL Chuck



Grilling Lions “WE COOK WE SERVE”

All of the time consuming preliminary planning and work by **Lions Nancy Burns and Rick Stefany** paid off the last Saturday & Sunday in September when the SRLC contingent set up at the annual Fall Fest at Gary’s Garden Mart. The weather was a perfect autumn day and the large tent, erected the previous evening, survived the gusty breezes through the night and the first crew reported for work early Saturday morning. **Lions Nancy, George Council and Grillmeister Dave** arrived early to start the grill, fry kettle, and pit beef cooker and soon the tantalizing aroma of prime beef, hot dogs, and French fries wafted across the parking lot to tempt the customers. George skillfully worked both his grill and the fry kettles while Nancy scurried to set up the condiment table and check that everything was ready for the hungry hordes. **Lion Trent Kutch** again inherited the task of slicing the prepared beef and did such an outstanding job that he might inherit this task permanently. **Lion Rhine Jager** was tasked with assembling and wrapping the generously stacked beef sandwiches. **Lions Dick Bloomquist, Roger Knauth, Bob Muchow, Rick Stefany, and Ollie Wittig** assisted by selling tickets, dispensing fries and drinks to the hungry customers who began to arrive late morning. For the third year SRLC has been the food purveyor at Gary’s and this year we will cook and serve two consecutive weekends. Again on Sunday **Lions Nancy, Rick, George, Trent, Ollie, & Dick** spent their day cooking, slicing, wrapping, selling – well, you get the picture – and then cleaning up until next week. Adding some hands on Sunday also were Lions Sue, Joe, Jack, Rollins, Randy, Wayne, Dale, and Bills O & Z, and possibly a few others. Tune in next week – same cast, same place, same time...



the vampire sez:

HAPPY HALLOWEEN – I’LL BE LOOKING FOR YOU



Special thanks to DG Dick Bloomquist, Lions Rollins Clark, Don Counts, Wayne Dudeck, Chuck Horne, Randy Roberts, John Valett and spouses Tess Bloomquist and Rachel Tschantre for signing up to give blood on 24 September. Every two seconds someone in the Central Maryland, Northern Virginia, Washington DC, or Southern Pennsylvania area receives blood. Over 1300 units of blood are needed daily to meet the demand. Approximately 95% of the population will need blood during their lifetime. A single shock trauma victim can use 100 units of blood in a few hours. A single liver transplant operation can require a minimum of 50 units. Giving blood is giving the gift of life. The next blood drive is Monday, December 10th at the Elks Lodge on Truckhouse Road, just south of Earleigh Heights Road. When you see the sign-up list, please respond. Someone will be really glad you did.

CONGRATULATIONS LIONS RON & LYNETTE

Lion Ron writes that he is back in Iraq and is scheduled to return next June. But the big news is that he & Lynette will be celebrating the birth of a new baby girl in December (he hopes to get leave to be home for the birth). He also says he’d love to hear from you so please write either by email or snail mail: SGT Walters, Ronald, HHT 1-158th CAV, Camp Bucca, APO AE 09375 or Ronald.walters1@us.army.mil & give Lion Lynette a call too!



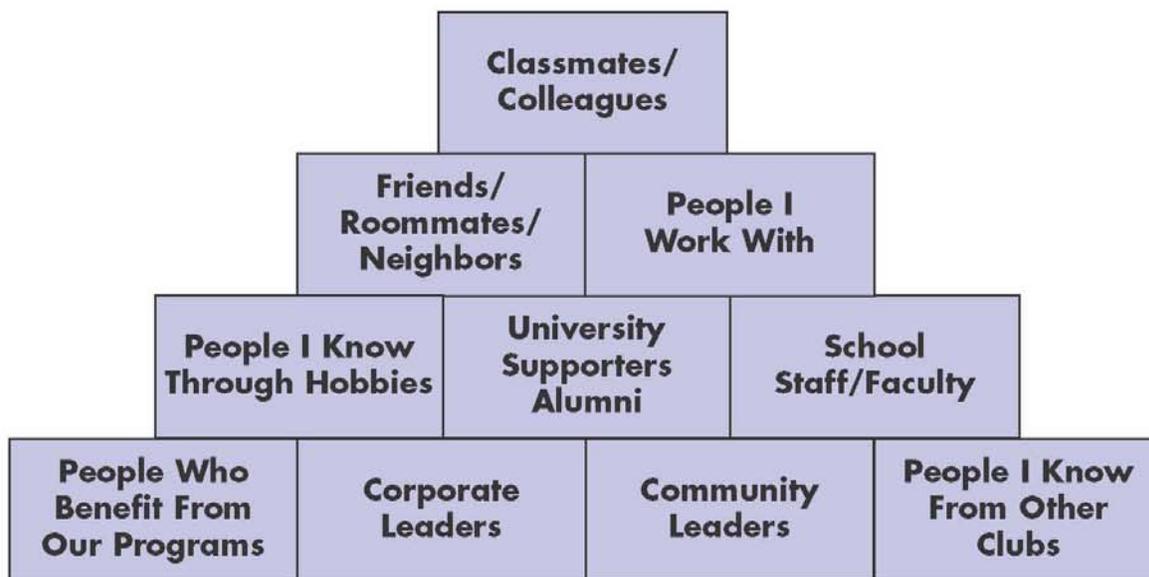
MEMBERSHIP ON THE MOVE

I am sure that everyone knows at least one person who you think would be "good for our club." An excellent speaker on the subject of Diabetes has been scheduled for our October 16th General Membership meeting. What a great time to invite this person or persons to see WHO WE ARE AND WHAT WE DO. We plan to set aside the second meeting of each month for inviting prospective members. We will ask some of you to be official greeters.

Lion Roger Knauth, Membership Chair, rogerknauth@mris.com 410-729-3186

*List people who you would like to recommend to the club.
Then submit the form to the membership committee.*

Referring Member: _____ **Phone:**(____) _____



Classmates/Colleagues

NAME: _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP: _____
 PHONE(____) _____
 E-MAIL: _____

NAME: _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP: _____
 PHONE(____) _____
 E-MAIL: _____

Friends/Roommates/Neighbors

NAME: _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP: _____
 PHONE(____) _____
 E-MAIL: _____

NAME: _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP: _____
 PHONE(____) _____
 E-MAIL: _____

People I Work With

NAME: _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP: _____
 PHONE(____) _____
 E-MAIL: _____

NAME: _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP: _____
 PHONE(____) _____
 E-MAIL: _____

Lions save kids sight!

On September 12th and 13th Severn River Lions Dick Bloomquist, Rollins Clark, Roger Knauth, Bob Muchow, Dale Strait, and Ollie Wittig screened some 300 children in our two "adopted" schools, Barclay and

Waverly elementary/middle schools in the Homewood area of Baltimore. They used the Titmus Vision Screener to screen for refractive error defects. The screening identified those children who were among the 140 children from the six Greater Homewood elementary/middle schools taken to the LensCrafters Vision van on September 20 and 21 to be examined by eye doctors and fitted with free eye glasses. This is the third year that LASH has coordinated refractive error and preschool vision screening in the six elementary/middle schools in the Greater Homewood area. This is a very economically distressed area of the inner city with few local resources but a strong community partner support program developed by the Vista (Volunteers In Service To America) program of AmeriCorps. LASH is one of these community partners, coordinating the efforts of a handful of District 22A Lions clubs and Baltimore area LensCrafters stores and Vision Van to provide hundreds of free eye exams and eyeglasses to the Homewood area school children. Our club has been a key player in this partnership from the beginning and has been instrumental in providing preschool vision screening for the presence of vision defects that lead to amblyopia commonly called "lazy eye," the leading cause of monocular blindness in people under the age of 70. Over 40 preschoolers with "lazy eye" have been found and treated the past two years. This is the first year that the SRLC also participated in the refractive error screening portion of the vision screening program. Refractive error screening was accelerated this year because of the early arrival in the school year of the Vision Van. Preschool vision screening will begin in the Homewood schools in October. Please join in this great project that changes children's lives for the better.

Sight Savers: Preventing Vision Loss from Diabetes

When was the last time you noticed how wonderful it is to enjoy the simplest of life's pleasures – like reading books and watching TV? We're so busy with the "big things," the little things often go unnoticed. Unless you're like a retired schoolteacher and patient of doctor Anastasios Fokas, O.D. Dr. Fokas' patient had been recently diagnosed with diabetes. Troubling enough, for sure. But, no one told her that a common effect of the disease is a specific eye condition. And it's no little thing at all. In fact, diabetic retinopathy now affects 5 million Americans and causes 20,000 new cases of blindness each year.

For Dr. Fokas' patient, the timing of her eye exam couldn't have been better. She went in thinking it was just an ordinary exam to get new glasses. But, the 67-year old retiree got a lot more – the gift of vision saved. That's because Dr. Fokas noticed that the newly diagnosed diabetic already had signs of retinopathy – in the form of weakened blood vessels that were leaking various fluids into the retinas of her eyes.

That leaking impairs vision, and if left unchecked, ultimately causes blindness. Dr. Fokas was relieved his patient came in when she did. Although some damage had already been done, he caught the condition in time to do something about it. He referred her to a specialist, who used a state-of-the-art laser technique to correct the leaking vessels. The patient also got a new prescription for new medications to help her condition. Now, with her sight protected and diabetes closely monitored, Dr. Fokas' patient has a whole new outlook on the "little things." Says the doctor: "Each time I see her, she tells me how wonderful it is to still be able to read books and watch television at night!"

Thanks to several new treatments, people with diabetes can do more to protect their health – from their eye health or elsewhere in their bodies. While the eye treatments have complex medical names, they are helping more people preserve and enjoy the seemingly simple gift of sight.

Some cutting edge tactics against retinopathy

- Laser photocoagulation: These laser treatments can help seal off leaky retinal blood vessels and stop new ones from forming.
- Vitrectomy: A surgical technique that removes blood between the lens and retina, often restoring lost vision.
- Intraocular steroids: Sounds scary, but these are injected right into the eye, and they reduce swelling and inflamed tissue for many patients.

Saving sight: Dr. Fokas's view

Anastasios Fokas is among a nation of doctors worried about diabetes – now considered a "national epidemic." "I see patients all the time who aren't managing their disease well, and that's just tragic," says Dr. Fokas. "Their vision could have been saved, if only they'd managed their illness better." Managing diabetes well means a number of things. There's weight management, exercise and controlling blood sugar. And, it means an eye exam – every year, so your doctor can catch any signs of diabetic retinopathy in time to help.

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Minutes of September 11, 2007
Board of Directors Meeting
Severn River Lions Club

Draft – to be approved at the October 9th Board of Directors meeting

Attendees: Board members Rollins Clark, KL Chuck Horne, Roger Knauth, Trent Kutsch, Dick Maurer, Bill O'Neil, Sue Parks, Randy Roberts, Dale Strait, Jon Valett, Ollie Wittig and Lions Nancy Burns and Ken Tschantre.

Secretary's Report: The minutes for the July 24th and August 14th Board meetings and July 24th & August 21st Foundation Board meetings were presented and approved. A letter from the Community Center at Woods acknowledging the SRLC donation of \$2,900.00 was read

Treasurer's Report: Dale Strait presented the report of the Activities Account and the Administrative Account as of 9/10/07 to include the end of year carryover and projected income for the year. The budget reports were accepted and filed for review. (Copy on file)
Dale announced that a SureSight vision screening device and a Titmus screening tool had been ordered as approved by the SRLC Foundation.

Old Business/Reports:

Membership: Roger Knauth reported on the recent meeting of the Membership committee. A draft copy of the committee report detailing the four year membership plan was presented for discussion. Member comments for revisions and additions included:

- *add a statement that emphasizes retention of current members
- *increase participation of Affiliate and MAL members
- *publicize club progress at each meeting
- *focus on "family type" activities to attract younger members
- *increase PR effort in the community to publicize club activities
- *stress building Active members rather than number of members
- *get all club members involved in club activities

Gary's Garden Mart Fall Fest: Nancy Burns reported that the festival will be held two weekends, September 29 and 30 and October 6 and 7. Sign up sheets for the different tasks for this mega event have been circulated and membership participation is needed to insure success. Rick Stefany and Dick Maurer will coordinate set up and purchasing for the event.

September 16 General Membership meeting: DG Dick Bloomquist will make an official visit.

October 16 meeting: Paula Yutzy will be the presenter of a Diabetes Awareness Program. Other clubs in the Region have been invited to attend this session.

Fruit Sale 2007-2008: Randy Roberts reported that the fruit sale dates have been set: November 11, December 15, January 19, February 23, and March 22 and the use of the lot at Severna Park HS has been confirmed. Flyers will be distributed in the Severna Park *Voice* in November and the SP Chamber of Commerce newsletter. Members have been asked to indicate the jobs they will perform to support the fruit sales

Essex Middle River Chase Lions Club: A gift for the new Lions club that is chartering was discussed. A cash gift of one-hundred dollars (\$100.00) from the Activities account was approved by the Board.

SPUMC Health Fair: SRLC will participate in the Methodist Church Health Fair on Sunday, September 23. Several Lions have volunteered to assist.

LASH: The next LASH meeting is scheduled for September 28. Lions Rollins Clark, Bob Muchow, and Dale Strait will attend. Lion Rollins will serve as one of SRLC's representatives to LASH this year.

Homewood Vision Screening: Dale Strait reported that acuity screenings are set for Barclay School and Waverly School in the Homewood area for September 12 and 13. Lions from Severn River and Bel Air expect to screen about 250 youngsters. Children who are found to have potential vision problems will be referred to the Lenscrafter Vision Van later in the month. Preschool vision screening will be offered at the six Homewood schools on Tuesday and Thursday in October. Lions will be needed to assist with these sessions.

Adjournment: The meeting of the SRLC Board of Directors adjourned at 8:45 pm.

Respectfully submitted,
Oliver Wittig, Secretary

SWAT Celebrates

Lured by fresh doughnuts, nine Lions, Wayne Dudeck, Chuck Horne, Rhine Jager, Barry Johnson, Randy Roberts, Ray Smith, Dale Strait, Ken Tschantre, and Ollie Wittig convened at the Earleigh Heights Fire Hall on September 22 for the monthly cleanup walk along Ritchie Highway.

Following the usual safety reminders and banter, the group donned bright vests and hats, got trash bags and pick up sticks and set out to find the "treasures" that had been pitched by motorists. Unlike August's walk when several items of furniture and discarded dollar bills were found, nothing out of the ordinary was spotted along Route 2 on this Saturday. The September team walked along the south half of our assigned area from Earleigh Heights Road to Route 648. Experience paid off and the team – or at least some of them – completed their task in short order and returned to the fire hall. Chief engineer Wayne offered "breakfast at Paneras" and four hungry Lions responded.

Saturday was not only a SWAT day, it also marked a major milestone for two Lions who celebrated a mutual birthday. Neither of the Birthday Boys, Wayne Dudeck or Ray Smith would tell their exact ages but agreed that "over 21" seemed a reasonable estimate. A resounding "Happy Birthday" complete with a celebratory candle capped the festivities.

The final SWAT walk for the year will be held October 20th. See you there!!
Ollie Wittig, Ace Reporter





BIRTHDAYS

OCTOBER

Jon Valett – 17
Clinton Wallace – 26

NOVEMBER

Nadja Muchow – 2
Carroll Hicks – 5
Bobby L. Edmond – 17
Jim Talentino – 20
Bob Engh – 21
Nancy Earley – 25

SUMMARY ACTIVITY REPORT

	CLUB DOLLARS	Year to Date Hours	September, 2007 Hours
Health	0.00	31	27
Diabetes Awareness	0.00	0	0
Sight	0.00	104	83
Hearing	0.00	6	6
LASH	0.00	12	11
Youth	5,000.00	34	16
Community	0.00	145	63
Environment	0.00	32	11
International Relations	0.00	21	1
Lionism	0.00	671	217
TOTALS	5,000.00	1056	435

Membership Report October 1, 2007

Members September 1, 2007	67
Active	32
At Large	12
Life	1
Affiliate	22
Privileged	0
Members September 30, 2007	67
Leo Club Members	60

REMINDER

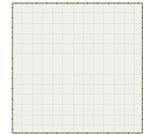
If you expect to miss a Membership Meeting, be sure to email Secretary Ollie Wittig, witbrew@comcast.net, or call 410/647-7338 by 4 pm on the Sunday prior to the meeting. If you are an Affiliate or MAL Member, call if you are going to attend. Thanks.

MEMBERSHIP ROSTER

An updated roster is included in this issue. Please check the information carefully and let me know if any changes are needed. Thanks.

Editor

SEVERN RIVER LIONS CLUB
SEVERN RIVER LIONS FOUNDATION
P.O. BOX 118
SEVERNA PARK, MD 21146



**2007 – 2008
International Theme**

We're on the Web!

See us at:

www.SEVERNRIVERLIONS.ORG



SEVERN RIVER LIONS CLUB NEWSLETTER

is published monthly in the interest of the SRLC, a nonprofit organization. You may contact SRLC by writing to:

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PHONE:
(410) 544-6719
or E-MAIL:

srlc@severnriverlions.org

The SRLC meets semi-monthly on the first and third Tuesdays at the American Legion Post 175 on Manhattan Beach Road.

Social – 6:30 pm
Meeting – 6:59 pm

CALENDAR OF EVENTS

- | | |
|----------|--|
| 10/2 | General Membership Meeting, American Legion Post 175 |
| 10/6-7 | Gary's Garden Fundraiser |
| 10/6 | Essex-Middle River-Chase Charter Night Dinner |
| 10/8 | Region I Meeting -Captain K's |
| 10/9 | Board of Directors Meeting, SPHA Building |
| 10/13 | LASH Eyeglass Sorting - Maryland School for the Blind |
| 10/13 | Kinder Fest |
| 10/16 | General Membership Meeting, American Legion Post 175 |
| 10/19-21 | Leo Camp Merrick Leadership Retreat |
| 10/20 | SWAT, Earleigh Heights Fire Hall, 8 AM |
| 10/29 | Second Full Cabinet Meeting - American Legion Post 276, Severn |
| 11/6 | General Membership Meeting, American Legion Post 176 |
| 11/7 | Teen Court |
| 11/13 | Board of Directors Meeting, SPHA Building |
| 11/17 | First Fabulous Fruit Sale (band subs) |
| 11/20 | NO GENERAL MEMBERSHIP MEETING - Visitation time |
| 11/29 | LASH General Membership Meeting |