



# SEVERN RIVER LIONS CLUB NEWS

OCTOBER 2023

## SRLC'S INAUGURAL MID-DAY DAILY AT BINGO WORLD ON SATURDAY, SEPTEMBER 9, 2023



*Participants in the photo starting at the back end of the table; Lion Nancy Earley's granddaughter - Kara Matthews, Friend of Kara, Keyonte Tarver - Daughter, Allison Matthews - Lions: Nancy Earley, Suzette Kettenhofen, Sue Parks, Jackie Hetrick, Clem Kusiak, Chris Werth and Ryan Shupp.*

### CELEBRATING OCTOBER LION BIRTHDAYS

04 Lion Paula Wilkes

08 Lion Lisa Petty

08 Lion Doug MacLeay

17 Lion Jon Valett

30 Lion Sheila LoCastro

# LOCAL EAGLE SCOUT SUPPORTED BY SEVERN RIVER LIONS



Thanks to the SRLC Board for approving the Eagle Scout Project allowing Scout Isaac Miller and Troop 855 Scouts to design, build and install the AED stand adjacent to the sports fields of the St. Martin's-in-the-Field Episcopal School. Also, appreciation to Lion Donors for contributing for the purchase of material and associated expenses incurred to build and install the stand.

Dedication of the stand occurred 11:00 am, Sunday, September 3rd near the school sports fields. Prior to the event all contributors were invited to the dedication and the "Park" newsletter editor was notified of the dedication.

*Attendees included: Lions John Mosier, DG and Eileen Mosier, Joinette Smallwood, SRLC President, Clem Kusiak, Volunteer, Jeanne Kusiak, Volunteer, Chris Werth, IPP.*

*Troop 855 - Matt Miller, Assistant Scout Master, Mrs. Miller, Isaac Miller's brother and sister.*

*Episcopal School Students: Finlay Dickson and Stella MacNaughton.*

## PROGRAM: C

- Installing a Plaque on the AED stand indicating Eagle project supported by SRLC Lions.
- Introduction of Lions, Scouts and Students by Clem.
- President Joinette Smallwood presented Severn River Lions check to Isaac Miller.
- Presentation of LCI Presidential Certificate to Isaac Miller by DG John Mosier
- Comments by Assistant Scout Master Matt Miller
- Comments by Isaac Miller

*Lion Clem Kusiak*



# KEN TSCHANTRE - PROGRESSIVE MELVIN JONES FELLOW



At the Picnic meeting on 9/26/23, Lion Ken Tschantre was presented with a 5-diamond Progressive MJF. His two daughters, Kim and Marjorie, and son John joined him for this special award.

# SRLC'S CALL TO "LION NANCY'S HOUSE"



COME JOIN US ON THURSDAY, OCTOBER 26, 2023  
FROM 11:00 AM—1:00 PM

**HELP US PREPARE BAGGED LUNCHEES!**

**DONATIONS NEEDED!**  
**FOR MORE INFORMATION,**  
**CONTACT LION NANCY AT 443-570-2253**



## MEMBERSHIP

### Membership Corner

TIP: INSTEAD OF TELLING OTHERS WHAT LIONS DO,  
ASK THEM WHAT SERVICE PROJECTS INTEREST THEM  
AND INVITE THEM TO COMPLETE THESE PROJECTS  
WITH THE HELP OF SRLC.





The 47th Annual USA/Canada Lions Leadership Forum was held on September 21-23, 2023 in Reno, Nevada.



Lion Clem attended in addition to presenting a seminar titled: **LEADERSHIP FOR EFFECTIVE ORGANIZATIONS.**

Content of the seminar – Sharing rewards of Leadership positions starting from club president to international president. Embarking on a support role for future leaders.

All seminars are 1 hour and 10 minutes in duration with interaction of their audience. The room seating is set up for 80 the same as all 88 seminars held during the Forum.

Sharing of past officer experiences takes place during each seminar to allow others the opportunity to hear success stories from Lions.

In addition to presenting during the forum, Lion Clem attended two seminars;

## **BE SEEN, BE HEARD, BE KNOWN – MARKETING/BRANDING**

Learn how to market and build the brand of Lionism in your unique club through service projects, fundraisers, and leadership development.

Takeaways from the seminar are new ideas to share within one's Lions Club.

Lions Clem's second seminar was a special; **BY LCI PRESIDENT PATTY HILL FOR ALL PIP'S & PID'S TO HEAR AND DISCUSS THE LATEST AT LCI.**

Seminar Content:

1. Reach Your Potential
2. Create a Greener, Cleaner Environment
3. Empower Greater Good
4. Share Your Story

**W**e joined our Lions club so that we can fulfill a purpose. That purpose usually involves the service we provide as a Lion making a difference in our community. The Regional Lions Leadership Institute is designed for local Lions who have or wish to pursue leadership roles with their Lions providing service to their community. At the Institute you will learn about club operations, opportunities, and resources available to clubs, and gain both valuable leadership skills and a deeper understanding of how to better serve your clubs.

The Institute is offered at the local level and organized by regional leaders from Maryland and Delaware. Lion eligible for the Institute must be in good standing and want to better support multiple district or district initiatives. They should not have attended an Institute within the last five (5) years.

The Institute engages participants in an interactive learning environment by conducting question and answer segments, facilitating meaningful discussions in large and small group settings, and facilitating group activities. At least half of the faculty in each classroom must be a Faculty Development Institute graduate or Lions Certified Instructor Program certified.

The Institute curriculum is designed to recognize the structure of the association. Utilize a variety of strategies to move a team to a level of high performance. Develop strategies to effectively overcome the challenges of diversity in our clubs and districts. Implement techniques of effective speech delivery. Identify strategies for achieving effective time management. Complete a draft of a personal mission statement. Create an action plan for motivating Lions Club members. Set and prioritize goals. Many districts and some clubs provide scholarships to cover part of the cost of this training.

*Submitted by SVDG Martin Bonura, Lions Certified Instructor*

# TRAINING FOR LIONS

## MULTIPLE DISTRICT 22 REGIONAL LIONS LEADERSHIP INSTITUTE

For Lions ready to pursue leadership roles within their Lions communities.  
November 17-19, 2023 (Friday, Saturday, & Sunday)  
At Lions Camp Merrick In Nanjemoy, Maryland

**Lions Fundamentals**  
**Working in Teams**  
**Diversity**  
**Local Issues & Opportunities**  
**Public Speaking Preparation**  
**Time Management**  
**Member Motivation**  
**Goal Setting**  
**Public Speaking Presentations**  
**Personal Mission Statement**



### WHY SHOULD YOU ATTEND?

**To learn your strengths and areas for personal improvement**  
**To develop interpersonal social skills**  
**To network and establish new friendships**  
**To improve your communication skills**

**To make your club more successful**  
**To become a more effective Lion**  
**To learn more about our Lions organization and its role in service**  
**To share ideas for service projects and fundraising**



**Meet current Lion friends and make new ones**  
**Great training from proven instructors**  
**Shared cabins with bath facilities**  
**Great food, fellowship, and fun**  
**Beautiful camp setting**  
**Come away refreshed and inspired**

### WHAT IS THE COST?

**The tuition is \$150.00 for training courses, on Friday, Saturday, Sunday, two nights lodging at the camp, six meals, and all instructional materials. Some districts and clubs provide partial scholarships or sponsorships.**

### HOW DO I SIGN UP?

**Contact District Global Leadership Team Chair**  
**PCC Larry Burton at (410) 457-8787 ([coach13@zoominternet.net](mailto:coach13@zoominternet.net)) or**  
**MD Chair PDG Ken Chew at 302-798-6520 or [1941akc@gmail.com](mailto:1941akc@gmail.com).**  
**Submit no later than October 13, 2023**

# MULTIPLE DISTRICT 22 LIONS LEADERSHIP INSTITUTE

November 17-19, 2023

Lions Camp Merrick, Nanjemoy, Maryland

Full Name: \_\_\_\_\_

Nick Name (if any) that you prefer \_\_\_\_\_

Years in Lionism \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: (    ) \_\_\_\_\_

Email: \_\_\_\_\_

Name of Lions Club: \_\_\_\_\_ District: \_\_\_\_\_

Highest Office/Position held within Lions Club:  
\_\_\_\_\_

Highest Office/Position held at District level:  
\_\_\_\_\_

**This event is being subsidized by the District.**

**To take advantage of this very worthwhile training opportunity, contact:**

**PCC Larry Burton**

**coach13@**

**zoominternet.net**

1. Registration fee is \$150.00, and must accompany this Registration Form. If fee is being subsidized by your district or club, their portion will be billed later.
2. All participants must arrive and sign-in between 1:00 and 2:00 PM on Friday, November 17, 2023. Activities will begin promptly at 2:00.
3. Institute will be completed by 2:00 PM on Sunday, November 19, 2023.
4. Further information will be sent to participants in October.
5. Send Registration Form and fees by October 13, 2023 to:

PDG Ken Chew  
1400 Forrest Drive  
Wilmington, DE 19810

Make checks out to MD-22 RLLI

## SPECIAL NEEDS:

\_\_\_\_\_ Diabetic Diet \_\_\_\_\_ Vegetarian \_\_\_\_\_ Hearing Challenged  
\_\_\_\_\_ Visually Challenged \_\_\_\_\_ Wheelchair Access  
\_\_\_\_\_ Other (please explain) \_\_\_\_\_

For more information, please contact Coordinator:

PDG Ken Chew, 302-798-6520, [1941akc@gmail.com](mailto:1941akc@gmail.com)

Rev 7/26/2023

## Multiple District 22 Lions Leadership Institute at Camp Merrick

Camp Merrick is located on 320 acres on the shores of the Potomac River in southern Maryland. This beautiful site is owned and operated by the Lions of Lions of 22 C to serve children ages 6 to 16, who suffer from diabetes or are hearing or visually impaired, with a summer camp experiences. Camp Merrick is also supported financially by the Lions of MD 22 and rentals by outside groups during the fall through November.

Camp Merrick has a cluster of cabins with 6 or 8 double decker bunk beds (we are only using the lower ones) next to the main dining room. Each cabin is winterized and has a bathroom in them. There are showers in a separate building next to the cabins. Lions will need to bring their own bedding for the bunk beds.

The learning experience will be enhanced by the sheer beauty of the site. The RLLI will not only be a learning experience for future leaders but a real retreat from the frantic lives that most of us experience. This a chance to build relationships with your fellow Lions of MD 22.

# DIABETES AWARENESS MOMENT

## ARM CIRCLES

*With diabetes or prediabetes, exercise is essential for maintaining the body's health!*

This exercise targets the shoulders.

**MUSCLES USED - SHOULDER**



**Important Note:** Exercise should be performed with slow and controlled movements. Stop if you feel pain. Gradually increase the number of circles over time. Exercise should be repeated 2-3 times. (Resting between sets)

## PERFORMING THIS EXERCISE

- Stand comfortably with feet shoulder-width apart and knees slightly bent
- Extend your arms straight out to your sides (forming a “t” shape or cross) with your palms facing the ground.
- Rotate your arms forward in small circles 10 times followed by 10 small circles in the opposite direction



## LASH Eyeglasses Sorting

8-11 AM Saturday, 14 Oct 2023  
Knefely Gymnasium,  
MD School for the Blind  
3501 Taylor Avenue  
Nottingham, MD 21236



# Brian Boru Fundraiser

Severn River Lions Club & Foundation

Tuesday October 3, 2023 11 am – 9 pm

*Enjoy your choice of the following...*

## Starter

A cup of our traditional Potato & Leek Soup *or* Tomato Whiskey *or* beginner's Caesar *or* Garden Salad

## Main Course

### Whiskey Leek Chicken

Grilled Chicken topped with whiskey leek cream sauce served with mashed potatoes & steamed vegetables

### Norwegian Salmon Killek

6oz Salmon topped with a Kerrygold Mustard Butter served with Basmati Rice and Smashed Peas

### Beef Stew \*\*

Tender chunks of beef stewed with red wine, herbs, carrots, onions, and celery topped with mashed potato

### Shepherd's Pie \*\*

Ground beef sirloin with onions, peas, carrots, in a rich gravy topped with mashed potatoes, and baked

### Irish Vegetarian Boxty

Potato Pancake filled with grilled peppers, onions, mushrooms, cheese and topped with your choice of marinara or cheese sauce

## Dessert

Bread Pudding or Bailey's Mousse

.All for \$30. \$10 out of each menu will be donated!

\*\*Gluten free option

*Inside dining room or outdoor seating. Also available for carryout! Call 410-975-2678 to call for carryout. Visit [www.brianborupub.com](http://www.brianborupub.com) click on menus, online ordering, follow prompts to order and pay online.*



**"A triple serving of help for tonight's cause"**

Menu updated: 20 September 2023

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**SAVE THE DATE!!**

**DISTRICT 22A SOCIAL FOR  
DG JOHN MOSIER**

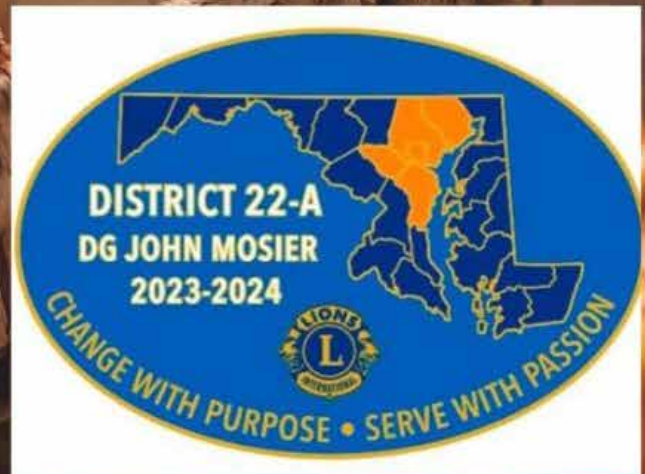
**SATURDAY, NOV 11 6-9 PM**

**COLUMBUS GARDENS, PERRY HALL, MD**

**HOTEL ROOMS AVAILABLE  
HAMPTON INN, WHITE MARSH**

**DETAILS  
COMING SOON**

**FOR MORE INFORMATION  
CONTACT LION SANDY GUZEWICH  
CELL 410-459-6496  
EMAIL: DCGUZZY@OUTLOOK.COM**



*Lion Jackie Hetrick receives donations of books for the Little Libraries.*